

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, understanding relationships and preparing them to make the most of life and work.

<u>Self and</u>	Respecting Others	Healthy lifestyles	Keeping Safe	The World
<u>Relationships</u>				Around Us

## **Self and Relationships**

## Sex Education and Reproduction

To know about the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born (and that there are ways to prevent a baby being made).

To recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships).

To recognise and respect that there are different types of family structure and that families of all types can give family members love, security and stability.

## **British Value:**

Democracy, The Rule of Law, Rights and Responsibility, Individual Liberty, Mutual Respect and Tolerance of Difference.

<u>Key Vocabulary</u>					
reproduction	puberty	family			
contraception	consent	relationships			

Pupil Reflection:		
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