



12th January 2024

Dear Parents and Carers,

Happy New Year

to all our families from the staff and Governors of Hatton Hill School. We hope you had a wonderful Christmas and we thank you for returning your child(ren) well-rested and smartly dressed for a brand-new year.

Update Your Contacts: Over Christmas we find that parents and carers quite often receive gifts of new phones which may also mean a change of number. Please ensure that all phone numbers are kept up-to-date with the school office; this includes removing numbers which are no longer in use. Changes can be emailed to Miss Taylor: admin.hattonhill@schools.sefton.gov.uk

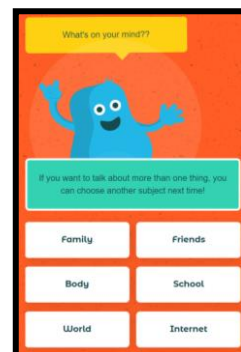
Eyesight Checks: I like to use the first newsletter each year to draw attention to the importance of eye examinations for children. Each year a number of our children are taken by parents for an eye examination and found to be needing glasses. Children do receive a sight check in Reception, however it is still important to visit an optician for a sight test every two years, particularly if:

- your child has special needs – children with special needs often have eye problems
- there is a history of a squint or lazy eye in your child's family
- people in the family needed to wear glasses when they were young

Unidentified poor eyesight can be a barrier to learning as it can lead to headaches; clumsiness; difficulties with, and even avoidance of, reading, writing and drawing. It can also result in behavioural or concentration problems. Children are unlikely to tell you if there is a problem as they assume that the way they see is normal.

Sight tests for children under 16 years of age are completely free and easy to access on the high street and even in supermarkets, such as Asda. The optometrists are very helpful and are experienced at carrying out sight checks on young children so there is nothing to worry about. Much of the information I have provided has been taken from 'Children's Eye Health' leaflet produced by The College of Optometrists. Further information can be found on the College's website: www.lookafteryoureyes.org including helpful videos.

Children's Mental Health: It is normal for children to have worries from time-to-time; however, it is good to talk them through so they don't become too big to manage. Ollee is a digital friend for children aged 8-11, created by Parent Zone and funded by the BBC's Children in Need appeal. It aims to support children's emotional well-being and can be accessed completely free of charge at: <http://ollee.org.uk/> Ollee gives good advice on a range of issues and could be used by a child independently, or by a parent and child together. A clip explaining this further can be found on our website: <https://www.hattonhill.co.uk/page/keep-children-safe/111687>



Access to Help: At Hatton Hill we care about our families and we do not want anyone struggling in silence. We are a school so we do not have the expertise to support and resolve every issue, but we work with a wide range of caring professionals who can. Please do not ever feel alone.

Yours faithfully,
Mrs Anna James
Headteacher

Week Commencing: Monday, 15th January 2024

Monday

	Lunchtime Sports Club	Selected classes (rota)
	Indoor PE lesson – remember shorts & pumps	Year 6
	Outdoor PE lesson	Year 3
15:15-16:00	Handwriting Club	Selected Year 3 Children
15:15-15:45	RM Maths Club	Selected Children

Tuesday

	Lunchtime Sports Club	Selected classes (rota)
	Indoor PE lesson – remember shorts & pumps	Year 1 & J6
15:15-16:00	Dance Club	Year 2
15:15-15:45	RM Maths Club	Selected Children

Wednesday

	Indoor PE lesson – remember shorts & pumps	Year 2 & 3
	Outdoor PE lesson	Reception & Year 5
15:15-15:45	RM Maths Club	Selected Children
15:15-16:00	Multi Sports	Year 2 – selected children
15:15-16:00	Story Telling Club	Year 4 – selected children
15:15-16:15	Singing Club	Juniors
15:15-16:15	Footy Training	Team

Thursday

	Winnie the Pooh Menu	Reception to Year 6
	Lunchtime Sports Club	Selected classes (rota)
	Indoor PE lesson – remember shorts & pumps	Year 4
	Indoor PE lesson – remember pumps!	Nursery
	Outdoor PE lesson	Years 6
13:30-16:00	Swimming	J5 – late return
15:15-15:45	RM Maths Club	Selected Children



Friday

Lunchtime Sports Club	Selected classes (rota)
Indoor PE lesson – remember pumps	Reception
Outdoor PE lesson	Years 1, 2 & 4

Spring PE Timetable (Please ensure that children in Years 1-6 have the correct kit (no brand logos) on the following days):

	Monday	Tuesday	Wednesday	Thursday	Friday
Indoor <i>Pumps needed</i>	Reception Year 6	Year 1 J6	Year 2 Year 3	Nursery Year 4	Reception
Outdoor	Year 3		Reception Year 5	Year 6 J5 - Swimming	Year 1 Year 2 Year 4

This Week's Menu

*****Dinner money must be paid in advance. £2.42 per day*****

Monday	Tuesday	Wednesday	Thursday	Friday
V Cook's Choice Pizza Coleslaw Mixed Salad ½ Jacket Potato	Chicken Curry 50/50 Rice Naan Bread	Honey Glazed Gammon Cauliflower & Broccoli Carrots Gravy Paprika Roasted Potato	Winnie the Pooh Menu Kanga's Salsa Pouches & 100 Acre Wood Chips Or Tigger Tail Tomato Pasta Rabbit's Salad Garden	Fishy Friday Mushy Peas Chipped Potatoes
V Sweet & Sour Boiled Rice	V Home-made Cheese Pie Baked Beans	V Slicked Quorn Fillet Cauliflower & Broccoli Carrots Gravy Paprika Roasted Potato		V Roasted Vegetable Pesto Pasta Crispy Salad
Or				
Jacket Potato with Various Fillings Deli Bar (Y3,4,5&6)	Jacket Potato with Various Fillings Deli Bar (Y3,4,5&6)	Jacket Potato with Various Fillings Deli Bar (Y3,4,5&6)	Jacket Potato with Various Fillings No Deli	Jacket Potato with Various Fillings Deli Bar (Y3,4,5&6)
Dessert				
Shortbread Biscuit & Sliced Fruit	Ice Cream Pot	Rice Pudding & Jam Sauce	Piglet's Pink Cake & Pooh's Friendship Sprinkles	Fairy Cake
Plus the option of Fresh Fruit			Drinks:	Fruit juice or fresh water